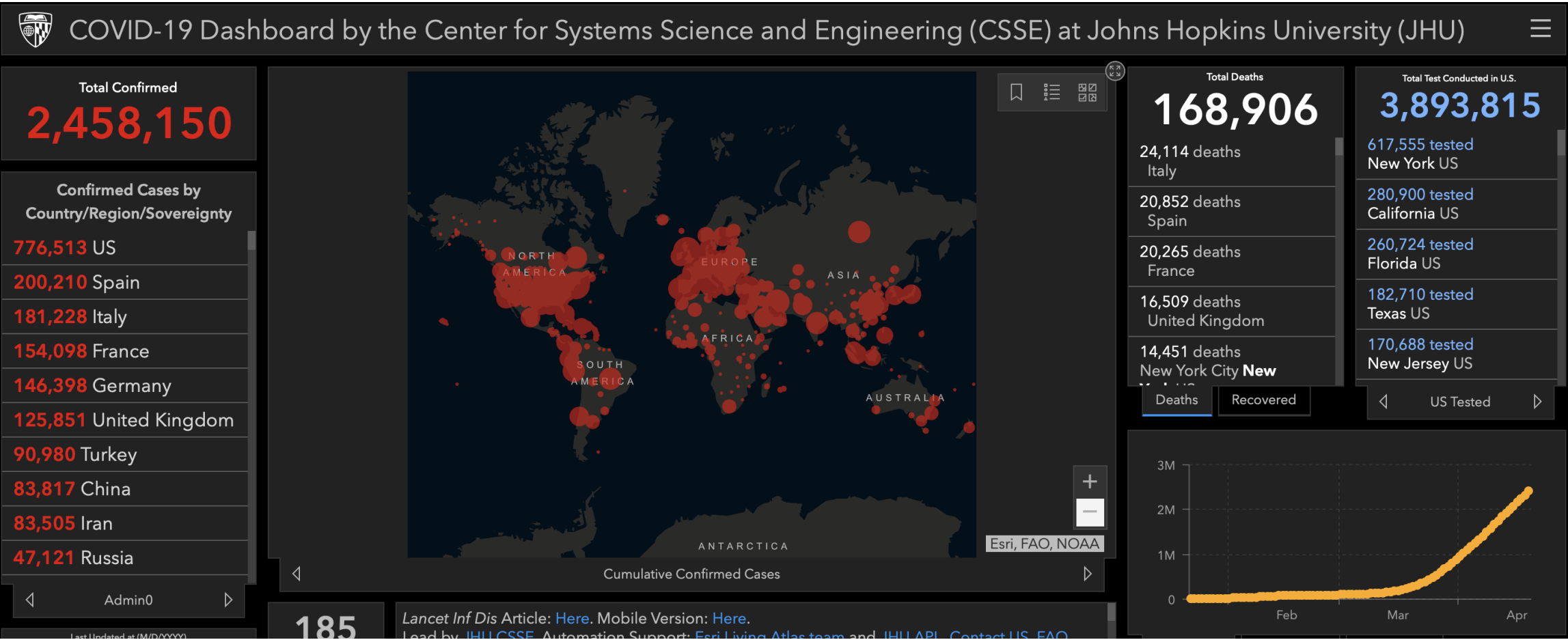# Preferred Provider Network Weekly Broadcast

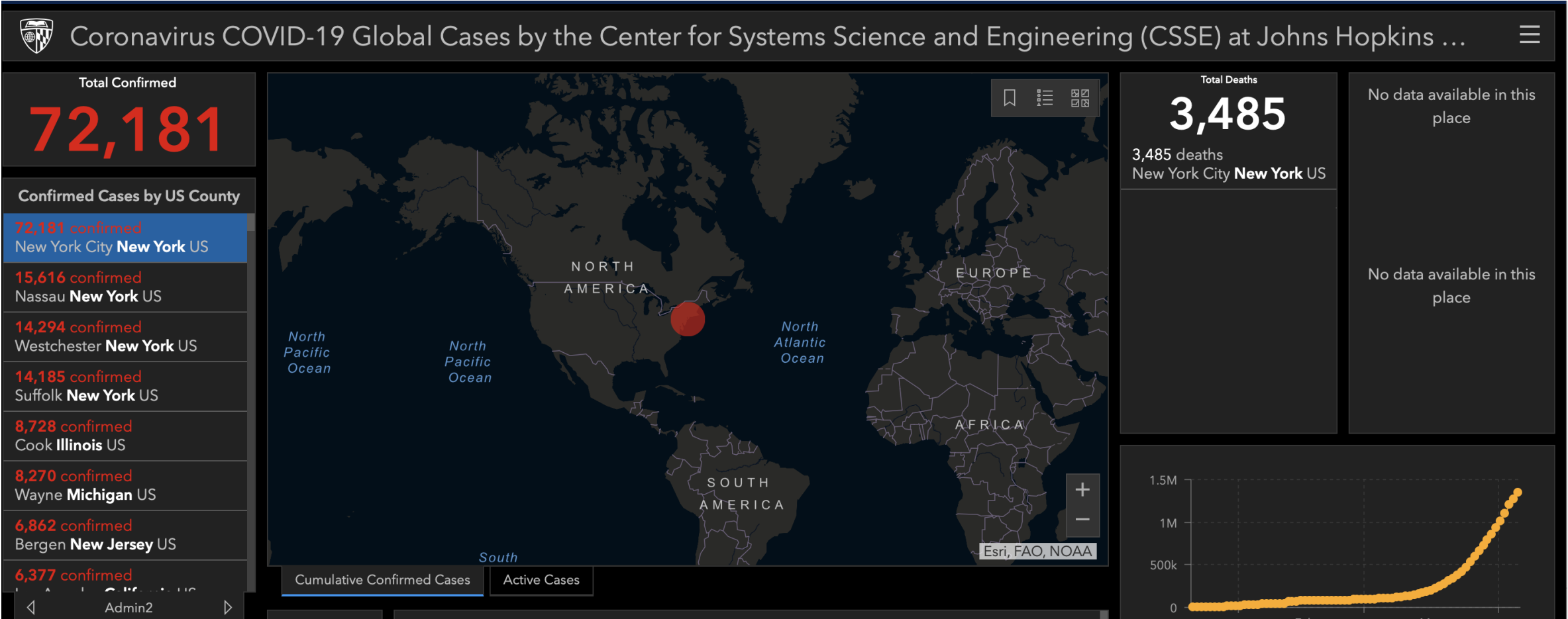- **COVID-19 Weekly Update**
- **April 22, 2020**

Agenda

- COVID-19 update
- Arizona and COVID-19
- Testing guidelines
- BPCI- A PAN Rep
- HHC to follow COVID-19 patients
- White House plans
- Guest speakers

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Johns Hopkins tracker – link on ICP site

Johns Hopkins tracker – link on ICP site

States

Jurisdiction	Cases Reported ▼	Community Transmission[3]
🔴 New York ⬈	238138	Yes, widespread
🔴 New Jersey ⬈	85301	Yes, widespread
🔴 Massachusetts ⬈	38077	Yes, widespread
🔴 Pennsylvania ⬈	32284	Yes, defined area(s)
🔴 Michigan ⬈	31424	Yes, defined area(s)
🔴 Illinois ⬈	30357	Yes, widespread
🔴 California ⬈	28963	Yes, widespread
🔴 Florida ⬈	25598	Yes, widespread
🔴 Louisiana ⬈	23928	Yes, widespread
🔴 Texas ⬈	18923	Undetermined
🔴 Georgia ⬈	18781	Yes, widespread
🔴 Connecticut ⬈	17962	Yes, widespread
🔴 Maryland ⬈	13684	Yes, widespread
🔴 Washington ⬈	11790	Yes, widespread
🟠 Colorado ⬈	9634	Yes, widespread
🟠 Virginia ⬈	8990	Yes, widespread
🟠 Tennessee ⬈	6796	Yes, defined area(s)
🟠 North Carolina ⬈	6493	Yes, widespread

COVID-19 by Volume in Each State
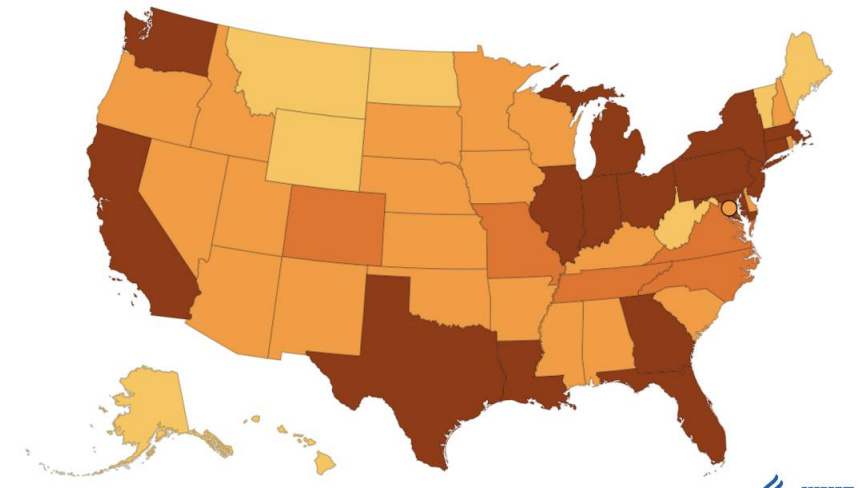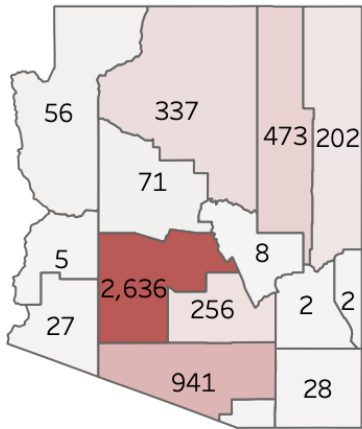
Arizona COVD-19

Number of Cases	Number of deaths	Arizona Community Risk	Arizona Community Spread
5,064	187	Increasing with some area of heightened risk	**Widespread**

Select a county to filter the graphs below.

56	337	473	202
71			
5	2,636	8	
27	256	2	2
941	28		

Counties with cases less than 10 will not have the graphs filtered.
Counties with less than 3 deaths with not be displayed in the filtered death counts.

COVID-19 Cases by Day
Date of specimen collection is used for day
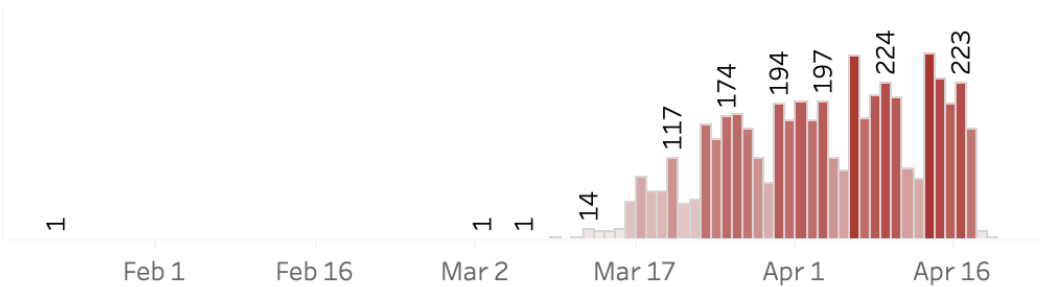
For recent weeks, all data may not be complete due to reporting lags.

COVID-19 Cases by Laboratory Type

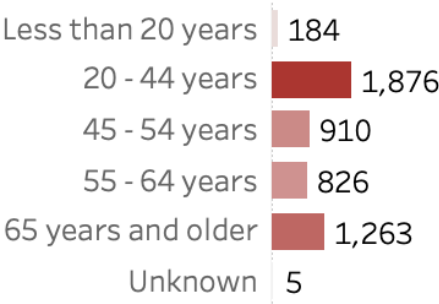| ASPHL	Private Laboratory
266	4,798

Arizona COVID-19

Counties with cases less than 10 will not have the graphs filtered.
Counties with less than 3 deaths with not be displayed in the filtered death counts.
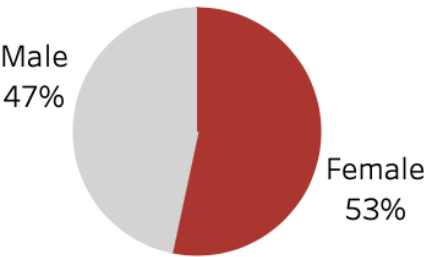
COVID-19 Cases by Laboratory Type

ASPHL	Private Laboratory
266	4,798

COVID-19 Cases by Age Group

Less than 20 years	184
20 - 44 years	1,876
45 - 54 years	910
55 - 64 years	826
65 years and older	1,263
Unknown	5

Date Updated: 4/20/2020

COVID-19 Cases by Gender

Male 47%

Female 53%

COVID-19 Cases by Race/Ethnicity

WHITE, NON-HISPANIC	19%
HISPANIC OR LATINO	
NATIVE AMERICAN	7%
BLACK, NON-HISPANIC	
ASIAN/PACIFIC ISLAND	2%
OTHER, NON-HISPANIC	
UNKNOWN	60%

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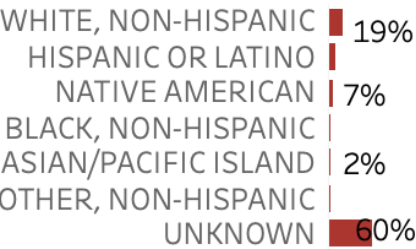
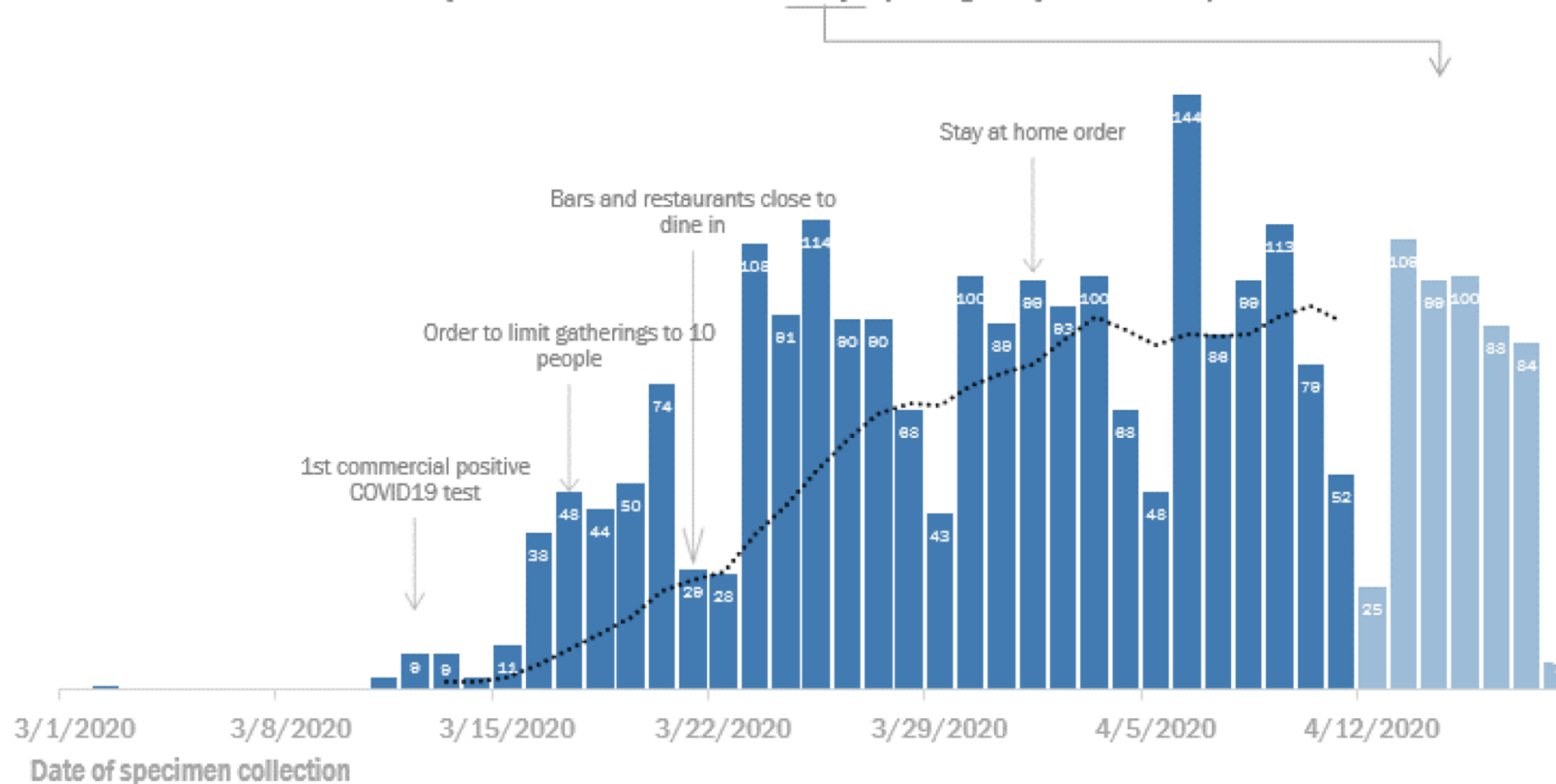# Arizona COVID-19 Epi Curve, Daily Census

The number of **people diagnosed with COVID-19** in Maricopa County per day is leveling off, but these numbers do not reflect testing ability.

Epi Curve by Daily Case Counts

COLLABORATING FOR CARE

Arizona COVID-Like Illness peaked in March

HOSPITAL COVID-LIKE ILLNESS CURVE

https://www.azdhs.gov/preparedness/epidemiology-disease-control/infectious-disease-epidemiology/index.php#novel-coronavirus-home

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INNOVATION CARE PARTNERS
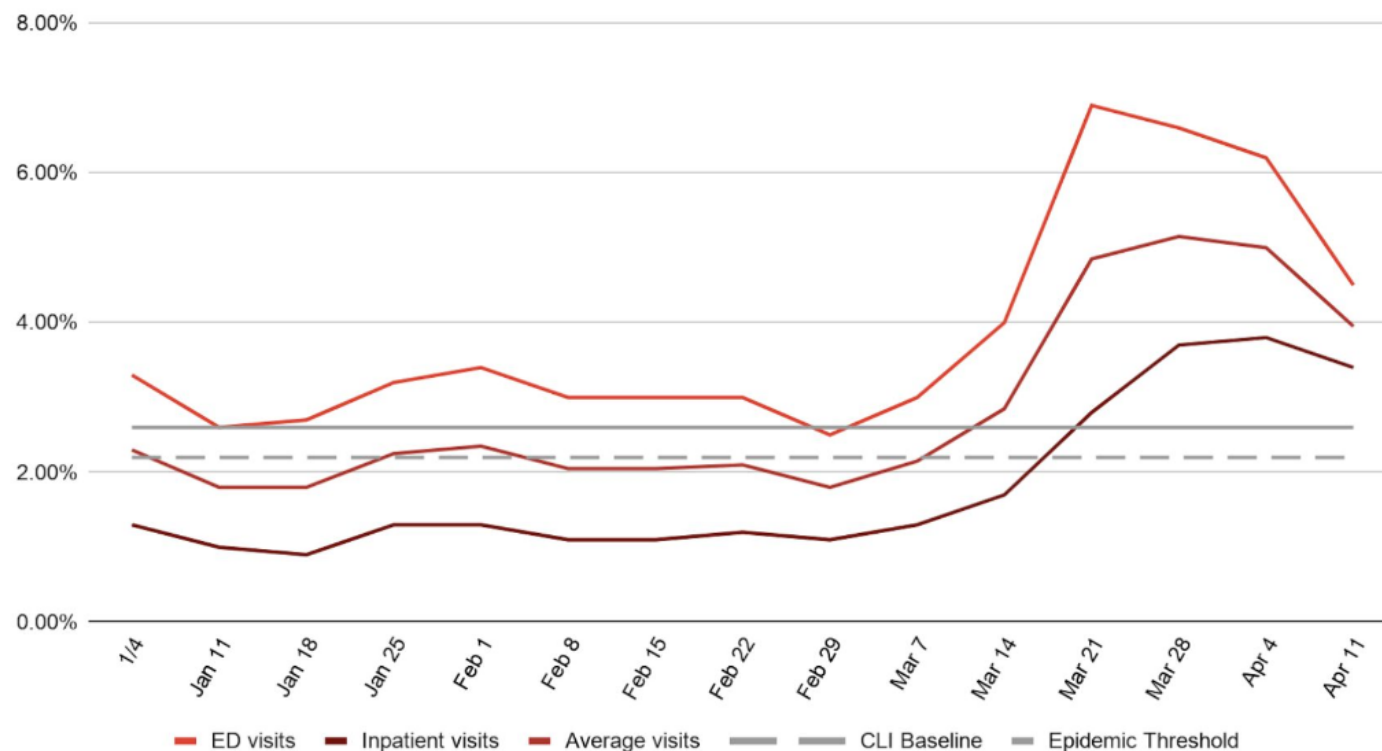
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HonorHealth Trends - flat

Inpatient, ICU and Vent Trends for COVID (+) patients

COLLABORATING FOR CARE

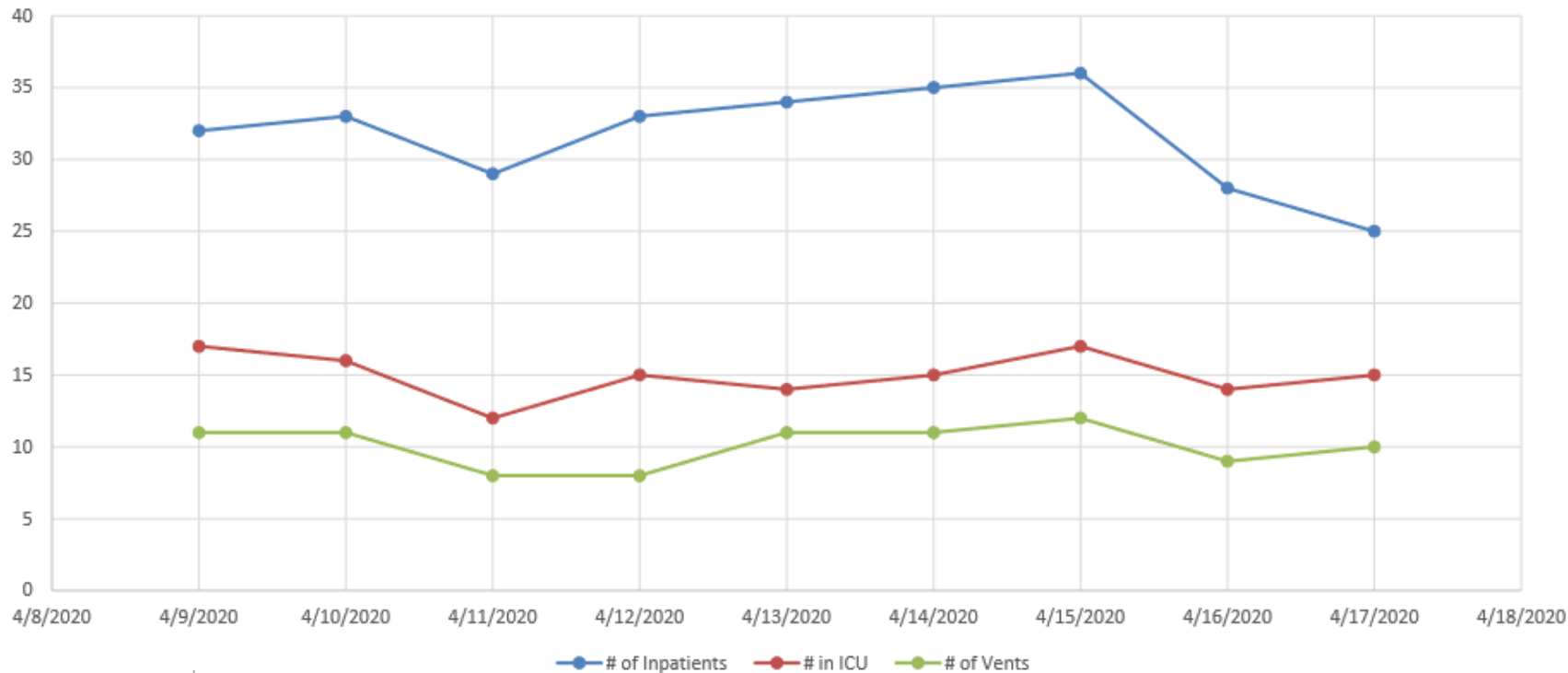# When will the peak occur in Arizona?

AZ Peak moved to **April 10th**
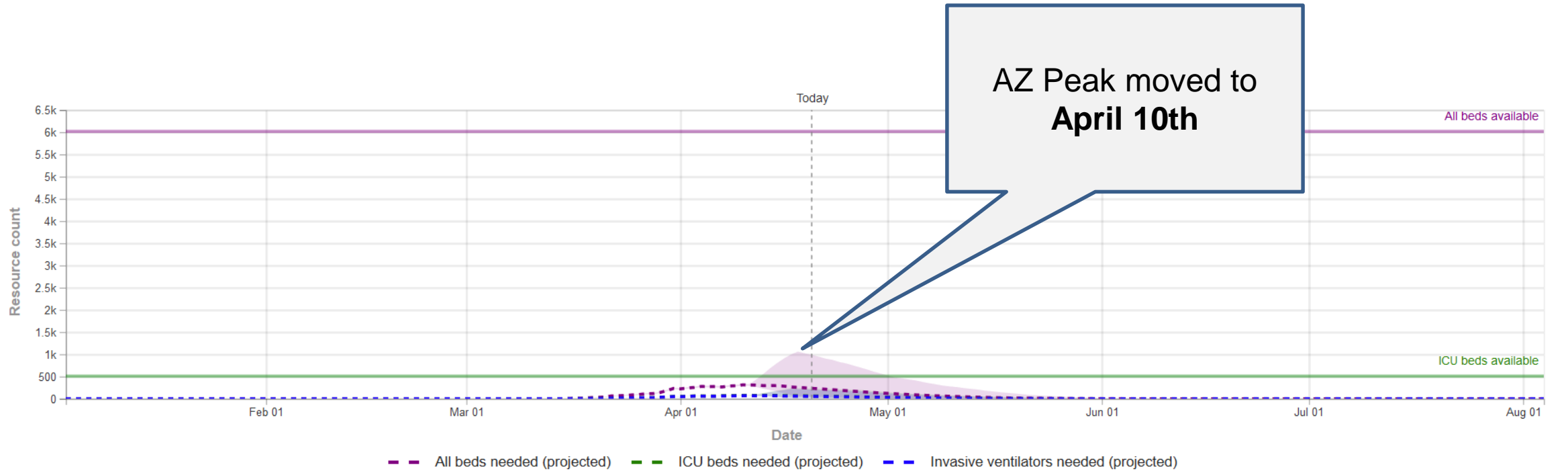
Summary

- Leading indicators continue to show reduction in upcoming illness
  - Low fever rates, social distancing stable, UC testing flat, flu-like illness trending down
  - HonorHealth trends – show inpatient cases falling, ICU/Vent use flat
- Arizona case curve still increasing but growth rate has slowed this week
- Forecast models suggest we have **passed the peak** ICU bed need for Arizona

The risk of being admitted to a hospital, Intensive Care Unit (ICU), or dying due to COVID-19 infection increases with **age**.

Risk Severity by Age

	0-19 years	20-44 years	45-64 years	65+ years
Hospitalized	1 (1%)	91 (9%)	163 (19%)	223 (33%)
ICU	0 (0%)	23 (2%)	53 (6%)	72 (11%)
Died	0 (0%)	1 (0%)	11 (1%)	63 (9%)

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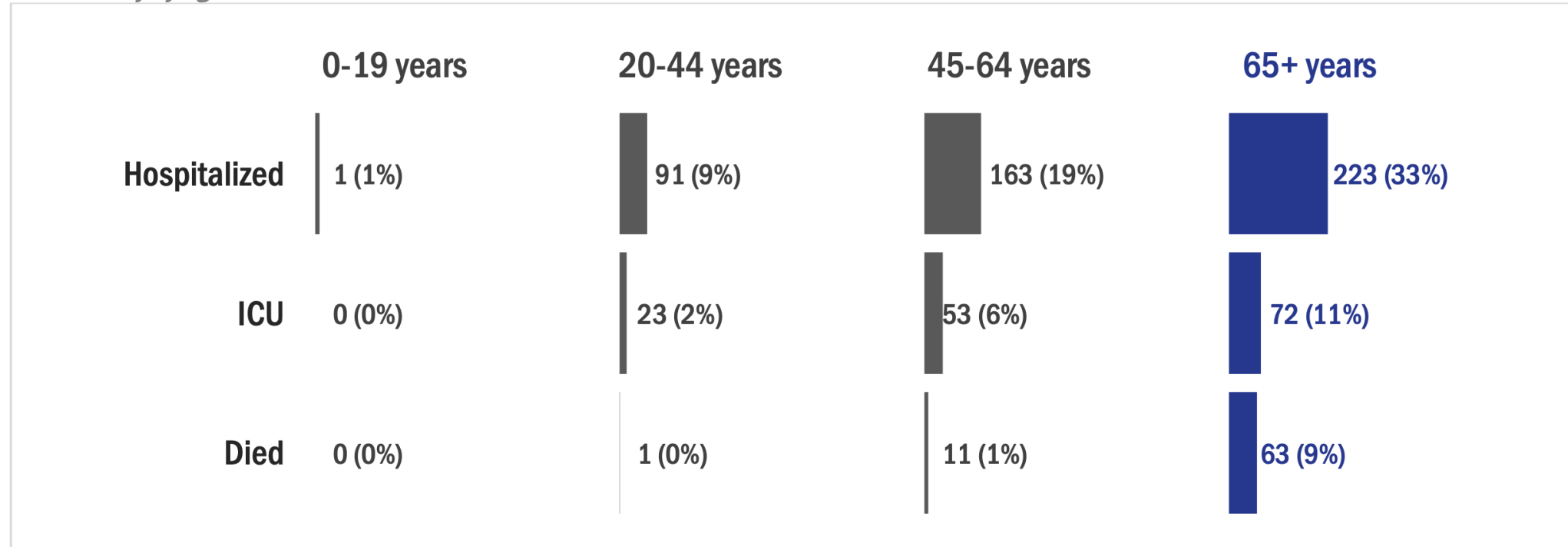
People who are 65+ years of age OR who have a chronic medical condition are at **highest risk** for severe disease.

Age and Chronic Health Condition

	All COVID-19 cases	Hospitalized	Admitted to the ICU	Died
0-19 years	3%	0%	0%	0%
20-44 years	38%	19%	16%	1%
45-64 years	33%	34%	36%	15%
65+ years	26%	47%	48%	84%
Chronic medical condition	27%	58%	62%	67%
High risk (65+ years OR 1+ chronic medical condition)	41%	72%	76%	97%

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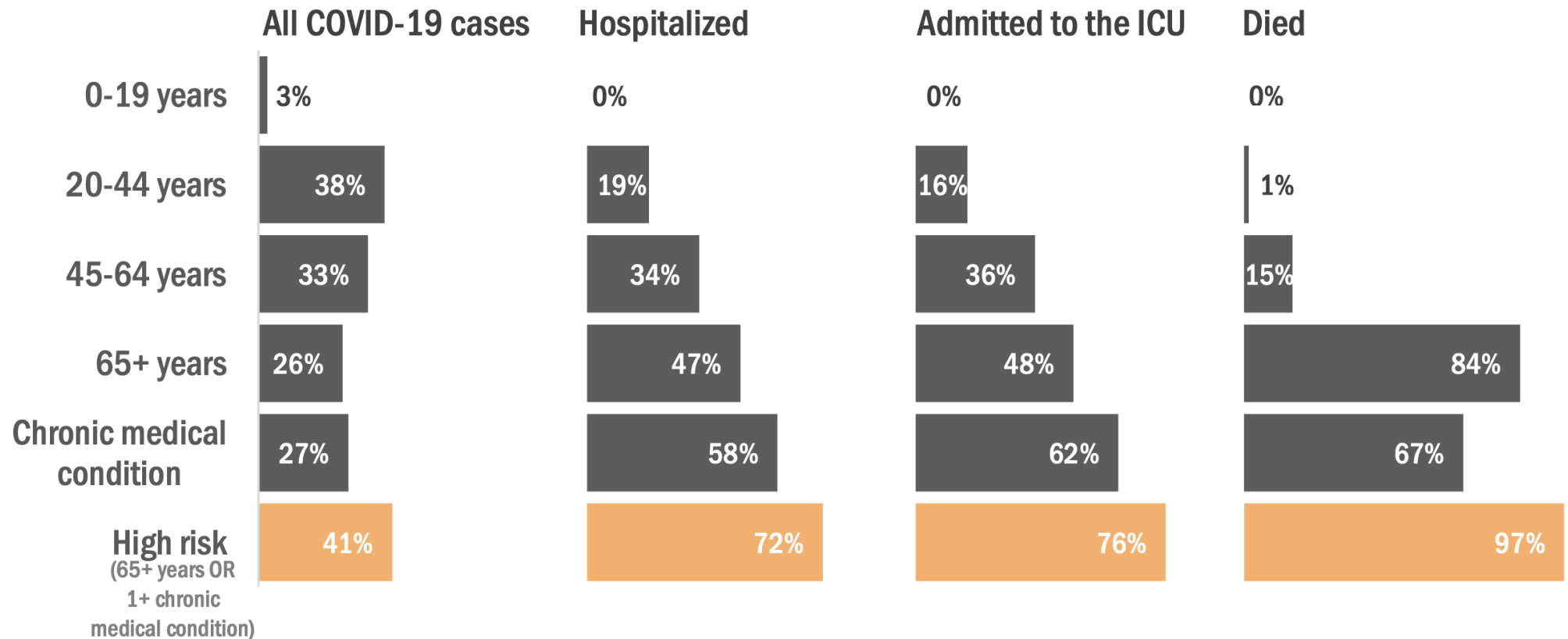
COVID-19 in Long-term Care Facilities

69 long-term care facilities have had at least one resident or staff with COVID-19.

Residents of long-term care facilities (including skilled nursing facilities, assisted living facilities, rehabilitation facilities, and hospice facilities) are at highest risk for severe outcomes from COVID-19 infection because they live in a communal setting and tend to be older with chronic medical conditions.
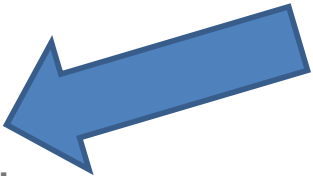
Long Term Care Facilities To-Date
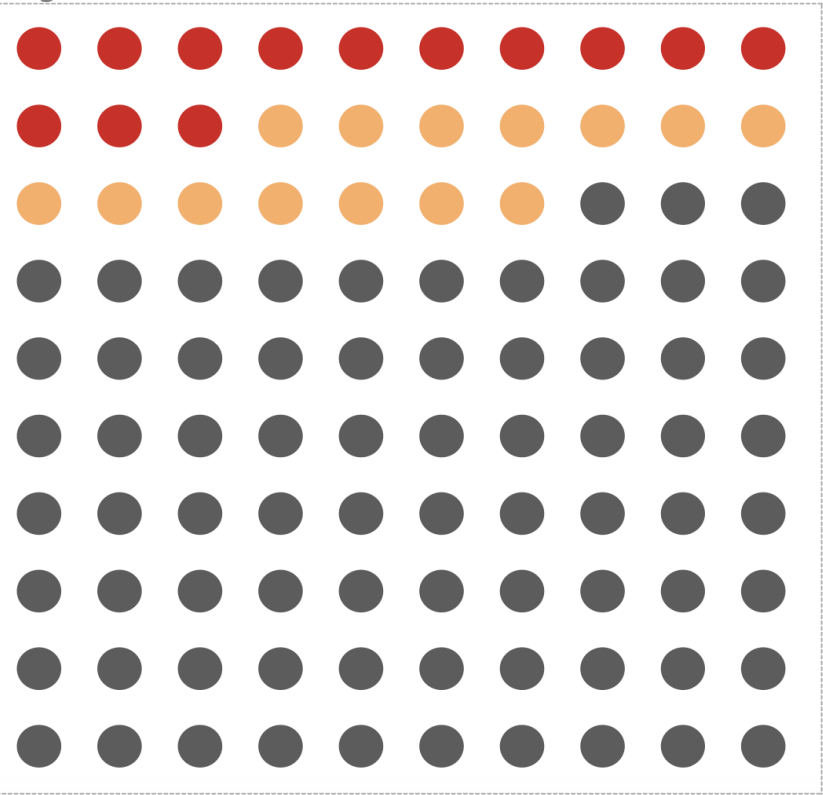
Of **326** COVID-19 cases among residents, **92 (28%)** have been hospitalized and **44 (13%) have died**.
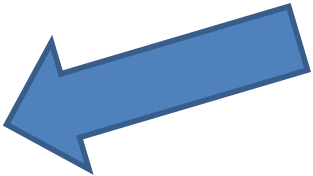
Of **151** COVID-19 cases among staff, **9 (6%)** have been hospitalized and **0 (0%) have died**.

COVID-19 Testing, CDC Prioritization

PRIORITY 1

Ensure optimal care options for all hospitalized patients, lessen the risk of nosocomial infections, and maintain the integrity of the healthcare system

- Hospitalized patients
- Symptomatic healthcare workers

PRIORITY 2

Ensure that those who are at highest risk of complication of infection are rapidly identified and appropriately triaged

- Patients in long-term care facilities with symptoms
- Patients 65 years of age and older with symptoms
- Patients with underlying conditions with symptoms
- First responders with symptoms

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COVID-19 Testing, CDC Prioritization

PRIORITY 3

As resources allow, test individuals in the surrounding community of rapidly increasing hospital cases to decrease community spread, and ensure health of essential workers

- Critical infrastructure workers with symptoms
- Individuals who do not meet any of the above categories with symptoms
- Health care workers and first responders
- Individuals with mild symptoms in communities experiencing high COVID-19 hospitalizations

NON-PRIORITY
- Individuals without symptoms

COVID-19 Testing Guidelines

Criteria to Guide Evaluation of Persons Under Investigation (PUI)

Clinical Features	Plus	Epidemiologic Risk
Fever[1] **OR** signs/symptoms of lower respiratory illness (e.g., cough or shortness of breath) **NOT** requiring hospitalization	**AND**	Any person, including health care workers[2], who has had **close contact**[3] **with a laboratory-confirmed**[4] COVID-19 patient within 14 days of symptom onset
Fever[1] **OR** signs/symptoms of a lower respiratory illness (e.g., cough or shortness of breath) **NOT** requiring hospitalization in a person with a critical/high-risk infrastructure occupation* **OR** who lives in a congregate setting† **OR** a child in foster care	**AND**	No source of exposure has been identified
Fever[1] **AND** severe acute lower respiratory illness (e.g., pneumonia, ARDS) **requiring hospitalization, radiographic confirmation of pneumonia of unknown etiology**[5]	**AND**	No source of exposure has been identified

As of 4/22/2020

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COVID-19 Testing, Maricopa Public Health

- Commercial Testing now available

Starting Monday, 3/9/2020, commercial laboratory testing is available at:

- LabCorp
  https://www.labcorp.com/information-labcorp-about-coronavirus-disease-2019-covid-19

Starting Wednesday, 3/11/2020, commercial laboratory testing is available at:

- Sonora Quest Laboratories
  https://www.sonoraquest.com/our-response-to-coronavirus-disease-2019-covid-19/

How may I order a commercial laboratory test?

- LabCorp
  - Test Code: 139900   https://www.labcorp.com/tests/139900/2019-novel-coronavirus-covid-19-naa

- Sonora Quest Laboratory
  - Test Code: 907078 https://www.sonoraquest.com/covid-19-information-for-healthcare-providers/

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COVID-19 Testing, Maricopa Public Health

- You should not call Public Health to coordinate commercial testing

- How do I collect specimens?

- LabCorp has a specified synthetic fiber swabs with plastic shafts. Do NOT use CaAlginate swabs or swabs with wooden shafts (may inactivate viruses and inhibit PCR testing)

-Sonora Quest Labs requested use of sterile Dacron and Rayon swabs in M4, VCM, UTM media (do not use CaAlginate)

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COVID-19 Testing, Maricopa Public Health

- Nasopharyngeal swab: Insert a swab into the nostril parallel to the palate. Leave the swab in place for few second to absorb secretions

- Oropharyngeal swab: Swab the posterior pharynx, avoid the tongue

- Nasopharyngeal wash / aspirate or nasal aspirate: Collect 2-3 cc into a sterile, leak-proof, screw cap sputum collection cup
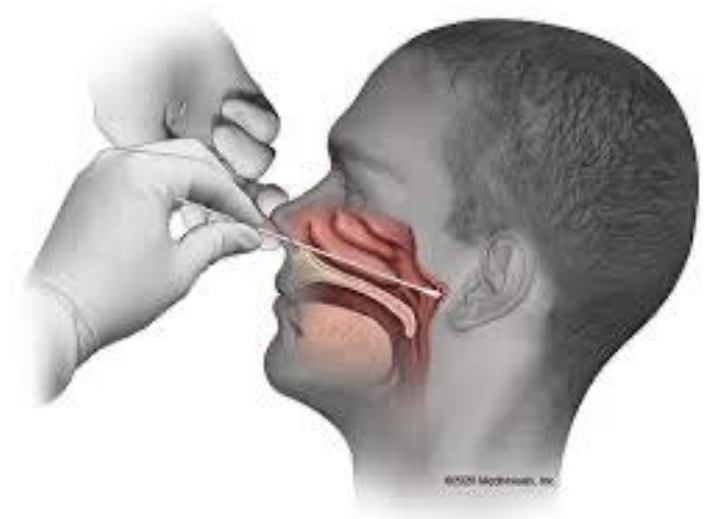
COVID-19 Testing, Maricopa Public Health

- Preferred shipment is frozen samples, refrigerated at 2-8C and are stable at this temperature for 72 hrs

- Specimens should be shipped overnight

- Turnaround time

-> LabCorp: 3-4 days

-> Sonora Quest labs: 5-6 days (hospital side 24 hrs)

- Challenges

-> No enough testing kits (specimen collection supplies, NP swab and vial transport medium)

-> Not enough PPE

Post SNF COVID-19 Assistance

- Patients diagnosed with COVID-19 should remain in isolation for:

- **7 days** after their COVID-19 test was collected **AND**

- Until they have been free of fever and symptoms of acute infection* for **72 hours**

- **Home Health Companies and outpatient PT who will see COVID-19 patients**

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Preferred HHA seeing COVID-19/PUI Patients

Advanced Home Care
(COVID-19: CASE BY CASE BASIS)

Arizona Home Care
(COVID-19: CASE BY CASE BASIS)

Assisteo Home Health
(COVID-19: CASE BY CASE BASIS)

Beatitudes at Home (Beatitudes Campus)
(COVID-19: CASE BY CASE BASIS)

Canyon Home Care
(COVID-19: CASE BY CASE BASIS)

Christian Care Home Health
(COVID-19: CASE BY CASE BASIS)

Kindred at Home
(COVID-19: CASE BY CASE BASIS)

MD Home Health
(COVID-19: CASE BY CASE BASIS)

Encompass Health-Home Health
(COVID-19: CASE BY CASE BASIS)

Emblem Healthcare Home Health
(COVID-19: CASE BY CASE BASIS)

Thema Health Services
(COVID-19: CASE BY CASE BASIS)

Sunrise Health Services
(COVID-19: CASE BY CASE BASIS)

Team Select Home Care
(COVID-19: CASE BY CASE BASIS)

Preferred Outpatient PT Clinics still serving patients

OUTPATIENT PHYSICAL THERAPY:

*As of 04/20/2020

Empower Physical Therapy (multiple locations) 1-833-861-6161 https://empowerpt.com/	Consolidated Raintree location into the Paradise Valley Location. All other locations are open. Also offering TeleHealth visits
Foothills Sports Medicine & Physical Therapy (multiple locations) (480) 706-1161 https://foothillsrehab.com/	All locations are open and seeing patients.
Orthopedic & Sports Rehab Specialists at Anthem 41125 Daisy Mountain Dr #121, Anthem, AZ 85086 (623) 551-9706 https://osrphysicaltherapy.com	All locations are open and seeing patients.
Spooner Physical Therapy (multiple locations) (602) 559-9700 https://www.spoonerpt.com/	McCormick Ranch location closed. All other locations open and seeing patients. Also offering TeleHealth visits.
STI Therapy Division (multiple locations) (602) 547-1836 http://www.strengthtrainingrehab.com/	Baywood Ave clinic in Mesa closed. All other locations are open and seeing patients.
360 Physical Therapy (multiple locations) (480) 821-1997 https://www.360physicaltherapy.com/	All locations are open and seeing patients Also offering TeleHealth visits.

Post SNF COVID-19 Assistance

- BPCI-A program still in progress
- Centers Of Medicare, Medicaid Innovation (CMMI) to determine how COVID-19 will effect the program metrics
- Signify Health submitted letter to CMMI to address potential repercussions
- Most important:

-> Taking care for our patients

-> TCM care using Telehealth

-> TAT, new Post-Acute Care Rep for Signify Health (previously Remedy Partners

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Post SNF COVID-19 Assistance

- Primary Care Physicians:

-Continue to see patients, Telehealth heavily utilized

-Some offices are testing for COVID-19

-Care coordination

- Specialists:

-See patients at SNF and post SNF discharge

-Telehealth heavily utilized

-Surgeries still occurring at hospitals

Post Acute Network (PAN) Representative

Tatevik Makramajan, RN BSN
Post-Acute Network Operations Specialist

****

mobile 480-353-8471

Available to communicate via TigerConnect

signifyhealth™

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COVID-19 Telehealth Program for SNFs

- Telehealth program will provide $200 million in funding, approved by CARES Act
- Program will provide immediate support to eligible HCP responding to COVID-19 pandemic
- HCP to provide connected care services to patients at their homes or mobile locations in response to COVID-19
- Program will fully fund telecommunications services, information services and devices as necessary
- Limited to nonprofit and public eligible health care providers

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As of 4/22/2020

The White House, Opening America Again

- President Trump unveiled guidelines to Opening Up America

- Three-phase approach

- To assist the state and local officials with re-opening their economies

- Getting people back to work and continuing to protect American lives

- Phase approach based on:

    - Up-To-Date data and readiness

    - Mitigating risk of resurge

    - Protect the most vulnerable

    - Implementable on statewide basis at Governors discretion

The White House: Opening America Again

- Proposed State Criteria
- Symptoms: Downward trajectory within 14-day period of influenza AND COVID-19 syndromic cases
- Cases: Downward trajectory of documented cases within 14-day period OR positive tests
- Hospitals: Treat all patients without crisis care AND robust testing program

COLLABORATING FOR CARE

Opening America Again, Core State Preparedness Responsibilities

- Testing: Quickly set and safe and efficient screening, trace COVID-19 results, ability to test syndromic persons

- Healthcare system capacity: Ability to supply sufficient PPE, ability to surge ICU capacity

- Plans: Protect health and safety of workers in critical industries, Protect the health and safety of living and working in high-risk facilities, protect employees and users of mass transit, limit and mitigate any rebounds of outbreaks

In-home Care Guest Speakers

Joey Jacobellis
Managing Director

Steve Alfonsi
Owner & CEO

- PPE conservation plan/usage
- Telehealth or other technology usage/implementation
- Current practice/protocol of seeing new patients discharged from hospital or new patients from the community
- Following up on and the handling of COVID-19 PUI cases from hospital or from community
- Process for screening employees for symptoms
- Process for staff who have tested positive
- Any plans for potential staffing shortage?
- What or have you had any challenges that you encountered during this time?
- Do you any staff expressing fears about caring for patient at home?

Questions – Type in Q & A section and we will respond and/or post Q & A on the website

- If you have further questions or issues you would like to discuss

- Please contact:
  Elysha Lucero – Preferred Network Coordinator
  elucero@icphealth.com

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